

FAC EAST INDOOR POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-10:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-10:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-10:00am Lap Swim Reservations (Reserve on app, online or at front desk)	7:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)
	GROUP FITNESS 10:00am-11:00am Aqua Basic	GROUP FITNESS 9:00am-10:00am Poolates	GROUP FITNESS 10:00am-11:00am Aqua Basic	GROUP FITNESS 9:00am-10:00am Poolates	GROUP FITNESS 10:00am-11:00am Aqua Basic	
1:00pm-7:30pm Open Swim	11:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	10:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	11:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	10:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	11:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	1:00pm-7:30pm Open Swim
	1:00pm-9:30pm Open Swim	1:00pm-9:30pm Open Swim	1:00pm-9:30pm Open Swim	1:00pm-9:30pm Open Swim	1:00pm-8:30pm Open Swim	
Weekend Hours 7:00am-8:00pm Club Hours						Weekend Hours 7:00am-8:00pm Club Hours

- Reservations are required for Lap Swim in the east and west pools. Reservations can be made on the FAC app, online or at the front desks
- Reservations are not required for Open Swim in the indoor pool or outdoor pool

East Indoor Pool Temp: 85-86 degrees

Length: 49 feet (16 yards)

Mon-Thurs: 5am-10pm

Friday: 5am-9pm

Sat/Sun: 7am-8pm

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- Reservations are required for Lap Swim in the east and west pools. Reservations can be made on the FAC app, online or at the front desk

West Indoor Pool Temp: 83-84 degrees

Length: 25 yards

Mon-Thurs: 5am-10pm

Friday: 5am-9pm

Sat/Sun: 7am-8pm