

# FAC EAST INDOOR POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>7:00am-12:00pm</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>5:00am-10:00am</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>5:00am-3:00pm</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>5:00am-10:00am</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>5:00am-3:00pm</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>5:00am-10:00am</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>7:00am-12:00pm</b> Lap Swim Reservations (Reserve on app, online or at front desk)
	<b>GROUP FITNESS</b>  <b>10:00am-11:00am</b> Aqua Basic		<b>GROUP FITNESS</b>  <b>10:00am-11:00am</b> Aqua Basic		<b>GROUP FITNESS</b>  <b>10:00am-11:00am</b> Aqua Basic	
<b>12:00pm-7:30pm</b> Open Swim	<b>11:00am-3:00pm</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>3:00pm-9:30pm</b> Open Swim	<b>11:00am-3:00pm</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>3:00pm-9:30pm</b> Open Swim	<b>11:00am-12:00pm</b> Lap Swim Reservations (Reserve on app, online or at front desk)	<b>12:00pm-7:30pm</b> Open Swim
	<b>3:00pm-9:30pm</b> Open Swim		<b>3:00pm-9:30pm</b> Open Swim		<b>12:00pm-8:30pm</b> Open Swim	
Weekend Hours 7:00am-8:00pm Club Closed						Weekend Hours 7:00am-8:00pm Club Closed

- Reservations are required for Lap Swim in the east and west pools. Reservations can be made on the FAC app, online or at the front desks
- Reservations are not required for Open Swim in the indoor pool or outdoor pool

**East Indoor Pool Temp: 85-86 degrees**

**Length: 49 feet (16 yards)**

**Mon-Thurs: 5am-10pm**

**Friday: 5am-9pm**

**Sat/Sun: 7am-8pm**

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- Reservations are required for Lap Swim in the east and west pools. Reservations can be made on the FAC app, online or at the front desk

**West Indoor Pool Temp: 83-84 degrees**

**Length: 25 yards**

**Mon-Thurs: 5am-10pm**

**Friday: 5am-9pm**

**Sat/Sun: 7am-8pm**