

FAC EAST INDOOR POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-10:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-9:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-10:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-9:00am Lap Swim Reservations (Reserve on app, online or at front desk)	5:00am-10:00am Lap Swim Reservations (Reserve on app, online or at front desk)	7:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)
		GROUP FITNESS 9:00am-10:00am Poolates		GROUP FITNESS 9:00am-10:00am Poolates		
	GROUP FITNESS 10:00am-11:00am Aqua Basic	10:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	GROUP FITNESS 10:00am-11:00am Aqua Basic	10:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	GROUP FITNESS 10:00am-11:00am Aqua Basic	
1:00pm-7:30pm Open Swim	11:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)		11:00am-3:00pm Lap Swim Reservations (Reserve on app, online or at front desk)		11:00am-1:00pm Lap Swim Reservations (Reserve on app, online or at front desk)	
	3:00pm-9:30pm Open Swim	3:00pm-9:30pm Open Swim	3:00pm-9:30pm Open Swim	3:00pm-9:30pm Open Swim	1:00pm-8:30pm Open Swim	1:00pm-7:30pm Open Swim
Weekend Hours 7:00am-8:00pm Club Closed						Weekend Hours 7:00am-8:00pm Club Closed

- Reservations are required for Lap Swim in the east and west pools. Reservations can be made on the FAC app, online or at the front desks
- Reservations are not required for Open Swim in the indoor pool or outdoor pool

East Indoor Pool Temp: 85-86 degrees | Length: 49 feet (16 yards) | Mon-Thurs: 5am-10pm; Friday: 5am-9pm; Sat/Sun: 7am-8pm

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- Reservations are required for Lap Swim in the east and west pools. Reservations can be made on the FAC app, online or at the front desk
West Indoor Pool Temp: 82-83 degrees | Length: 25 yards | Mon-Thurs: 5am-10pm; Friday: 5am-9pm; Sat/Sun: 7am-8pm